

# Magnetic Resonance Stimulation (MRS)



*Our body needs more than food, water, oxygen and sleep to be healthy.*

*In 1961, Astronaut Yuri Gagarin found out that without the magnetic energy of the earth, his body started to suffer from this deprivation. He suffered decreased metabolism, mental depression, muscle weakness, bone loss, fatigue and impaired sense perception.*

## What is MRS?

Magnetic Resonance Stimulation is also known as pulsed electromagnetic field (PEMF) therapy, a magnetic field that changes with the time of day.

Our planet, Earth, continuously exposes us to these pulsating magnetic field called SCHUMANN resonance frequencies as well as the earth's natural magnetic field (PEMF) which varies with the time of day.

## How does it work?

The 70 trillion cells in the body require an external medium or spark in order to catalyze the multitude of reactions that take place every second. This external source of energy is PEMF or MRS.

It is this stimulation that ignites the cellular metabolism helping the cells to perform up to 1 billion reactions a second.

The MRS uses weak pulsating magnetic fields to activate physiological processes in the body.

The main feature of this treatment method is the resonance/ reverberation effect of pulsating

magnetic field in the body. Vibrations or frequencies (matching our own) are being transmitted as purposeful information to energy deprived, weak or unhealthy cells whose function is already restricted and disturbed. Comprehensive scientific studies have already proven the medical effect of pulsating electromagnetic fields.

Other studies like the Zero Field Studies have confirmed the original research done by the space program proving that human beings indeed do need pulsed magnetic fields in order to survive.

## If the earth gives us these magnetic fields, then why do we have to seek out any pulsed magnetic therapy or magnetic resonance stimulation?

First, we do not get enough of the good pulsating magnetic fields that our ancestors used to get. Secondly, we are bombarded with unnatural or the pulsed electromagnetic fields created by things such as computers, power lines, cell phones, televisions, satellites, etc.

## What are the benefits?

- Regulating the autonomic nervous system
- Stimulating bone cartilage
- Improving bone density (can prevent osteoporosis and/or its progression)
- Nerve recuperation
- Wound healing
- Alleviation of pain
- Improving circulation

- Activating the body's defence system
- Reducing stress
- Regulating digestive activity
- Improving melatonin production and therefore sleep
- Strengthening the immune system and lymphocytes
- Improving the effect of medication due to improved metabolism and circulation
- Normalization of the heartbeat
- Improvement of the respiratory volume due to improving respiratory muscle functioning



### Are there any side effects?

Clinical studies on more than 200,000 patients have shown no side effect detrimental to our health.

### Contraindication to MRS:

- pregnancy
- Pacemakers or other electronic implants
- epilepsy
- acute and severe bacterial or fungal infections
- severe heart rhythm defects and severe heart insufficiency
- strong bleeding with loss of more than a quart of blood

### Precautions necessary for:

- acute hyperthyroid conditions
- acute cases of autoimmune diseases

### Indications/ Conditions that can benefit from MRS

• Allergies	• Fatigue
• Asthma	• Fibromyalgia
• Spinal disk rupture	• Migraine
• Depression	• Muscle cramps
• Bowel disorders	• Multiple sclerosis
• Relaxation	• Menstruation problems
• Colds	• Neurodermatitis
• Joint pain	• Nervousness
• Joint replacement bone healing	• Osteoporosis
• Heart & circulatory conditions	• Edema
• Immune deficiency	• Post-operative
• Bone fractures	• Psoriasis
• Concentration deficiency	• Parkinson's Disease

### How many sessions do I need?

This will depend on your body's need. Initially, you can start off with 3 times weekly sessions for 3 weeks then once weekly as you need it.

In some cases, a daily MRS one in morning and one in the evening maybe beneficial.



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